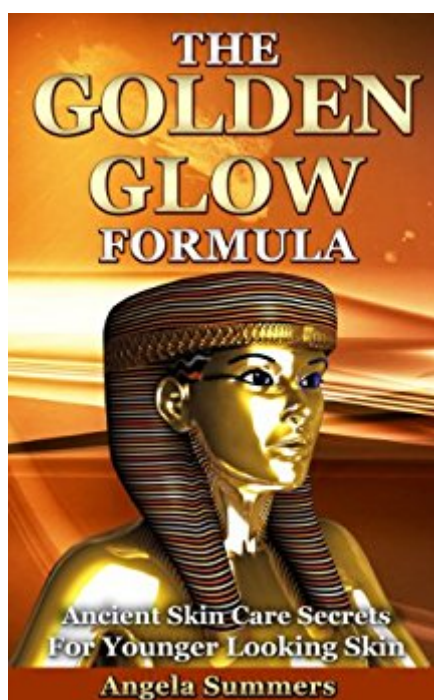


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# The Golden Glow Formula: Ancient Skin Care Secrets For Younger Looking Skin



## Synopsis

Follow the inspiring story of housewife Angela Summers, whose determination to reverse the aging process and reclaim the radiant complexion of her youth, led to the discovery of three natural ingredients used by the Ancients, which when combined into a unique formula, offers a method of nurturing and replenishing the skin not seen in a millennium. The author recounts her fascinating journey into the world of ancient skin care treatments in an engaging, comprehensive style, motivating the reader to change the course of their own skin care destiny. A must read for those serious about attaining beautiful, healthier, younger looking skin...

## Book Information

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## Customer Reviews

I gave this book 2 stars, instead of 1, because the writing is pretty good and I love the cover. But the content ...Golden Glow talks about skin care in the past which leads to her three part program: 1. Emu oil. I know that emu oil gets positive reviews from many women but do we really need to kill the emu bird for a beauty oil when there are thousands upon thousands of plants in this world? A

mature emu is about 6' tall and is the second largest bird in the world. One defender claims that emu oil is "cruelty free" because the birds are killed primarily for their meat. I doubt if an emu would appreciate that distinction.<sup>2</sup> Pee in a cup - and then rub your urine all over your face. Really? The author makes a case for the wonder of urine as a beauty product but the function of the kidneys is to remove toxins. Considering the toxic world we live in, how can urine not be filled with those toxins? And yes, I know that there are cultures that use urine for various reasons. But women also used to use lead because it made their skin very white, wear corsets and waist cinchers that caused them to faint and damaged their organs and bound their feet so that they couldn't walk - but their feet were beautiful because they were only a couple of inches long. I don't think many of those practices are ones we choose today.<sup>3</sup> After the dead bird fat and urine recommendations, I quit reading so I don't know what part 3 contains. Maybe this is actually a sociological treatise: "These people live in a youth & beauty-obsessed culture so let's see how far they'll go to look good?"

I haven't written a review before for , but I felt compelled to do so after finishing this e-book by Angela Summers. I've read similar books on natural skin care, but this was the first one I read in which I felt I really learned something new that could be applied immediately. The book is also well written and easy to read, and the author has obviously done a ton of research on the subject. I was also impressed that the author had the courage to put herself out on the line a bit in regard to the ancient skin care methods she introduces. One ingredient in particular, used in the formula, will no doubt raise some eyebrows and controversy. I have to admit I was surprised when I first read about it, but after reading her explanation of why she introduced it into the formula, it made sense to me. In addition to the practical aspects of the book, in which she discusses the three ancient skin care ingredients she developed into the golden glow formula, and how to use them on a daily basis, I also enjoyed the information she provided on the history of skin care treatments from various ancient cultures. Some of the ancient skin care methods were really fascinating, and a lot of fun to read about. All in all I thoroughly enjoyed this book, and I've already begun to use the program daily which I have high hopes for.....

To be honest, it was the cover that drew me in. The glowing image caught my eye and seemed to speak of secrets inside. I love reading books that share teachings of ancient wisdom and I was surprised to learn not only Egyptian secrets of skin care but also those of Greece, India, China, Rome and Japan. What a potpourri of informative surprises. I must say, one of the skin care ingredients was a total shock to me. Wow! Who would have thought, but I'll let you find out for

yourself. If you enjoy books that are not only informative but fun and written in a great writing style, you'll love this book!

I found this book fascinating and tried some of the things in it. I prefer natural over chemical products which harm the skin..

When I first began reading this ebook I really didn't know what to expect. I'm a firm believer in a natural holistic approach to skincare and health in general, so I was curious to see what new ideas, if any, the author would offer on this subject. I was pleasantly surprised to find some authentic, innovative skin care methods introduced which I've already put into practice. I'm also intrigued by ancient history in general, so when I read that the skin care treatments recommended in the book were initially used by the Ancients, my interest was sparked to learn more. The book contains a lot of good information without being too academic, and I was pleased to see that the author had included an optional skin care treatment section which I found very useful. This section on facial exercises in particular seems to be a logical next step in the program, and I'm curious to see how it pans out. It's too early to see what kind of results the program will provide long term, but my feeling is as it's based on natural ingredients and is easy and safe to use every day, it's definitely worth a try.

In reality, this author is really a man. Hm . . . I know this, as he is a relative of my friend.

I've been looking for a natural skin care treatment that really works for many years, and after reading this ebook I have a feeling this might do the trick. I say that because I've done a lot of research in the past, and have bought my share of skin care products. Some of them were pretty good, but I've really been looking for something that goes beyond the usual "hide your wrinkles temporarily" kind of solution. The three ingredients used in this program are all natural and work on a cellular level, which I guess is what attracts me to this kind of treatment. To me it's about going to the source of the problem, instead of just covering it up. I also like the fact that the author presents the material in the book in a no nonsense un-hyped manner. There's no fluff in this book. Just real solutions and a logical method of skin care that can be used daily. The fact that it's very affordable to use long term also appeals to me.

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